



# Short Course Accreditation Structure

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## Introductory courses

Course title	Course code	Pre-requisites
Introduction to Manicure	IM01	None
<b>Course to include</b>		
Relevant health and safety and hygiene		
Related anatomy and physiology, consultation, contra-indications, contra-actions, file and polish, aftercare		
<b>Minimum Length of Course</b>	1 day - plus recommended case studies	
<b>Minimum CPD Value</b>	8	
<b>Minimum Total Hours</b>	8	

Course title	Course code	Pre-requisites
Introduction to Pedicure	IP01	None
<b>Course to include</b>		
Relevant health and safety and hygiene		
Related anatomy and physiology, consultation, contra-indications, contra-actions, file and polish, aftercare		
<b>Minimum length of course</b>	1 day - plus recommended case studies	
<b>Minimum CPD value</b>	8	
<b>Minimum total hours</b>	8	



Course title	Course code	Pre-requisites
Introduction to Eyelash and Eyebrow Treatments	ET01	None
<b>Course to include</b>		
Relevant health and safety and hygiene		
Related anatomy and physiology, consultation, patch testing, contra-indications, contra-actions, treatment procedure, aftercare		
<b>Minimum length of course</b>	1 day - plus recommended case studies	
<b>Minimum CPD value</b>	8	
<b>Minimum total hours</b>	8	

Course title	Course code	Pre-requisites
Introduction to Waxing	IW01	None
<b>Course to include</b>		
Relevant health and safety and hygiene		
Related anatomy and physiology, consultation, patch testing, contra-indications, contra-actions, treatment procedure, aftercare		
<b>Minimum length of course</b>	2 days - plus recommended case studies	
<b>Minimum CPD value</b>	16	
<b>Minimum total hours</b>	16	

Course title	Course code	Pre-requisites
Introduction to Make-Up	IMU01	None



Course to include	
Relevant health and safety and hygiene	
Related anatomy and physiology, consultation, contra-indications, contra-actions, treatment procedure, aftercare	
Minimum length of course	1 day - plus recommended case studies
Minimum CPD value	8
Minimum total hours	8

Course title	Course code	Pre-requisites
Introduction to Facials	IF01	None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology, consultation, contra-indications, contra-actions, product knowledge, treatment procedure, aftercare		
Minimum length of course	2 day - plus recommended case studies	
Minimum CPD value	16	
Minimum total hours	16	

Course title	Course code	Pre-requisites
Introduction to Electrical Facials	IF01	Level 2 Facials
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology, consultation, contra-indications, contra-actions, product knowledge, treatment procedure, aftercare		
Minimum length of course	3 day - plus recommended case studies	
Minimum CPD value	16	



<b>Minimum total hours</b>	16
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<b>Course title</b>	<b>Course code</b>	<b>Pre-requisites</b>
Introduction to Indian Head Massage	IHM01	None
<b>Course to include:</b>		
Relevant health and safety and hygiene		
Related anatomy and physiology, consultation, contra-indications, contra-actions, basic routine, aftercare		
<b>Minimum length of course</b>	3 days – plus recommended case studies	
<b>Minimum CPD value</b>	24	
<b>Minimum total hours</b>	24	

<b>Course title</b>	<b>Course code</b>	<b>Pre-requisites</b>
Introduction to Reflexology	RF01	None
<b>Course to include</b>		
Relevant health and safety and hygiene		
Related anatomy and physiology, consultation, contra-indications, contra-actions, basic routine, aftercare		
<b>Minimum length of course</b>	3 days – plus recommended case studies	
<b>Minimum CPD value</b>	24	
<b>Minimum total hours</b>	24	

<b>Course title</b>	<b>Course code</b>	<b>Pre-requisites</b>
Introduction to Body Massage	BM01	None
<b>Course to include</b>		



Relevant health and safety and hygiene	
Related anatomy and physiology, consultation, contra-indications, contra-actions, basic routine, aftercare	
<b>Minimum length of course</b>	3 days – plus recommended case studies
<b>Minimum CPD value</b>	24
<b>Minimum total hours</b>	24

Course title	Course code	Pre-requisites
Introduction to Reiki	RK01	None
<b>Course to include</b>		
Relevant health and safety and hygiene		
Related anatomy and physiology, consultation, contra-indications, contra-actions, basic routine, aftercare		
<b>Minimum length of course</b>	3 days – plus recommended case studies	
<b>Minimum CPD value</b>	24	
<b>Minimum total hours</b>	24	

Course title	Course code	Pre-requisites
Introduction to Aromatherapy (Pre-blended oils only)	AR01	Level 3 Body Massage
<b>Course to include</b>		
Relevant health and safety and hygiene		
Related anatomy and physiology, consultation, contra-indications, contra-actions, basic routine, aftercare		
<b>Minimum length of course</b>	3 days – plus recommended case studies	
<b>Minimum CPD value</b>	24	
<b>Minimum total hours</b>	24	