

Short Course Beauty & Hair

Structure for courses

Nails

Course title		Pre-requisites
Introduction to Manicure		None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment, consultation, contra-indications, contra-actions, procedure - file and polish (no metal tools), aftercare		
Underpinning knowledge test		
Minimum CPD Value	8	
Minimum Total Hours	8	

Course title		Pre-requisites
Introduction to Pedicure		None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment, consultation, contra-indications, contra-actions, procedure - file and polish(no metal tools), aftercare		
Underpinning knowledge test		
Minimum CPD value	8	
Minimum total hours	8	

Course title		Pre-requisites
Nail Extensions (Gel, Acrylic, Fiberglass or Silk -each course must contain a maximum of 2 systems)		Recognised Manicure qualification from an awarding organisation Or if no qualification metal tools must be omitted
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment ,consultation, contra-indications, contra-actions, equipment list, treatment procedure, aftercare		
Underpinning knowledge test		
Minimum CPD Value	8	
Minimum Total Hours	8 per system	

Course title		Pre-requisites
Gel Polish		Recognised Manicure qualification from an awarding organisation Or if no qualification metal tools must be omitted
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment , consultation, contra-indications, contra-actions, equipment list, treatment procedure, aftercare		
Underpinning knowledge test		
Minimum CPD value	8	
Minimum total hours	8	

Course title		Pre-requisites
Nail Art		None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment , consultation, contra-indications, contra-actions, equipment list, treatment procedure, aftercare		
Underpinning knowledge test		
Minimum CPD value	5	
Minimum total hours	5	

Hair removal

Course title		Pre-requisites
Introduction to Waxing		None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment , consultation, patch testing, contra-indications, contra-actions, treatment Procedure – legs underarm and basic bikini line only , aftercare		
Underpinning knowledge test		
Minimum CPD value	16	
Minimum total hours	16	

Course title		Pre-requisites
Introduction to Facial Waxing		SCA approved course in Introduction to waxing
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment , consultation, patch testing, contra-indications, contra-actions, treatment Procedure – lip, chin and eyebrows , aftercare		
Underpinning knowledge test		
Minimum CPD value	8	
Minimum total hours	8	

Course title		Pre-requisites
Intimate Waxing (Male or Female)		Recognised L2 waxing qualification from an Awarding organisation
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment , consultation, contra-indications, contra-actions, equipment list, treatment, procedure, aftercare		
Underpinning knowledge test		
Minimum CPD value	8	
Minimum total hours	8	

Course title		Pre-requisites
Threading		None
Course to include:		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment , consultation, contra-indications, contra-actions, treatment procedure, aftercare		
Underpinning knowledge test		
Minimum CPD value	8	
Minimum total hours	8	

Lashes and Brows

Course title		Pre-requisites
Introduction to Eyelash and Eyebrow Treatments Or (Academy Name.... Eyelash and Eyebrow Treatments)		None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment , consultation, patch testing, contra-indications, contra-actions, treatment procedure- lash tinting, brow tinting, eyebrow shaping, aftercare		
Underpinning knowledge test		
Minimum CPD value	8	
Minimum total hours	8	

Please note all brow courses which include waxing must have an additional course in eyebrow waxing

Course title		Pre-requisites
Introduction to Eyebrow Waxing		
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment , consultation, patch testing, contra-indications, contra-actions, treatment procedure		
Underpinning knowledge test		
Minimum CPD value	8	
Minimum total hours	8	

Course title		Pre-requisites
Eyelash Extensions		None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment ,consultation, patch testing, contra-indications, contra-actions, treatment procedure, aftercare		
Underpinning knowledge test		
Minimum CPD value	8	
Minimum total hours	8	

Course title		Pre-requisites
1 Day Event Lashes (Strip, Individual)		None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		

History of treatment, benefits of treatment ,consultation, patch testing ,contra-indications, contra-actions, product knowledge, treatment procedure, aftercare	
Underpinning knowledge test	
Minimum CPD value	5
Minimum total hours	5

Course title		Pre-requisites
Eyelash Perming/Lash Lift		None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment ,consultation, patch testing, contra-indications, contra-actions, treatment procedure, aftercare		
Underpinning knowledge test		
Minimum CPD value	8	
Minimum total hours	8	

Make-up and Mehndi

Course title	Course code	Pre-requisites
Make-Up		None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment ,consultation, contra-indications, contra-actions, treatment procedure, aftercare		
Underpinning knowledge test		
Minimum CPD value	8	

Minimum total hours	8
----------------------------	---

Course title		Pre-requisites
Airbrush Make-Up		None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment , consultation, contra-indications, contra-actions, treatment procedure, aftercare		
Underpinning knowledge test		
Minimum CPD value	8	
Minimum total hours	8	

Course title		Pre-requisites
Asian Bridal Make-Up <u>or</u> Bridal Make-up		None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment ,consultation, contra-indications, contra-actions, treatment procedure, aftercare		
Underpinning knowledge test		
Minimum CPD value	8	
Minimum total hours	8	

Tanning

Course title		Pre-requisites
Spray Tanning <u>or</u> Manual Tanning		None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment , consultation, contra-indications, contra-actions, treatment procedure, aftercare		
Underpinning knowledge test		
Minimum CPD value	8	
Minimum total hours	8	

Facials

Course title		Pre-requisites
Introduction to Facials/ Express facials		None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment , consultation, contra-indications, contra-actions, product knowledge, treatment procedure - Cleanse, tone, skin analysis , massage (maximum of 10 minutes)mask and moisturise , aftercare		
Underpinning knowledge test		
Minimum CPD value	16	
Minimum total hours	16	

Course title		Pre-requisites
Holistic facials or Thai facial Massage		Recognised facial qualification from an Awarding organisation
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment , consultation, contra-indications, contra-actions, product knowledge, treatment procedure , aftercare		
Underpinning knowledge test		
Minimum CPD value	16	
Minimum total hours	16	

Massage, A & P and Complementary

Course title		Pre-requisites
Introduction to Anatomy and Physiology		None
Course to include:		
Related anatomy and physiology to allow learner to progress onto desired courses		
Underpinning knowledge test		
Minimum CPD value	30	
Minimum total hours	30	

Course title	Course code	Pre-requisites
Introduction to Body Massage		Introduction to Anatomy and Physiology (minimum 30 hours)
Course to include		
Relevant health and safety and hygiene		
History of treatment, benefits of treatment ,consultation, contra-indications, contra-actions, basic routine, aftercare		
Underpinning knowledge test		
Minimum CPD value	30	
Minimum total hours	30	

Course title		Pre-requisites
Introduction to Indian Head Massage		None
Course to include:		
Relevant health and safety and hygiene		
Related anatomy and physiology		

History of treatment, benefits of treatment , consultation, contra-indications, contra-actions, basic routine, aftercare	
Underpinning knowledge test	
Minimum CPD value	24
Minimum total hours	24

Course title		Pre-requisites
Introduction to Reflexology		Introduction to Anatomy and Physiology (minimum 30 hours)
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment ,consultation, contra-indications, contra-actions, basic routine, aftercare		
Underpinning knowledge test		
Minimum CPD value	30	
Minimum total hours	30	

Course title		Pre-requisites
Reiki 1& 2		None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment , consultation, contra-indications, contra-actions, basic routine, aftercare		
Underpinning knowledge test		
Minimum CPD value	24	
Minimum total hours	24	

Course title	Course code	Pre-requisites
Introduction to Aromatherapy (Pre-blended oils only)		Introduction to Anatomy and Physiology (minimum 30 hours)
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment , consultation, contra-indications, contra-actions, basic routine, aftercare		
Underpinning knowledge test		
Minimum CPD value	30	
Minimum total hours	30	

Course title		Pre-requisites
Massage Techniques (e.g.hot stone, deep tissue massage, pregnancy massage, herbal compress, bamboo, lymphatic drainage,)		Body Massage qualification from an awarding organisation
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment , consultation, contra-indications, contra-actions, massage routine, aftercare		
Underpinning knowledge test		
Minimum CPD value	8	
Minimum total hours	8	

Course title		Pre-requisites
Thermal Auricular		None
Course to include		
Relevant health and safety and hygiene		
Related anatomy and physiology		
History of treatment, benefits of treatment ,consultation, contra-indications, contra-actions, treatment procedure, aftercare		
Underpinning knowledge test		
Minimum CPD value	24	
Minimum total hours	24	

Hair extensions

* Indicates the number of hours to complete a course if the delegate has already undertaken a course of the same discipline but using a different system/product/method

Course title	Pre-requisites	
Bonded – hot fusion, cold fusions	Level 2 Hairdressing	
Course to include		
Relevant health and safety and hygiene		
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>		
Minimum CPD Value	30	*21
Minimum Total Hours	30	*21

Course title	Pre-requisites	
Micro-Ring	Level 2 Hairdressing	
Course to include		
Relevant health and safety and hygiene		
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>		
Minimum CPD value	30	*21
Minimum total hours	30	*21

Course title	Pre-requisites	
Knot, Brazilian, Italian	Level 2 Hairdressing	
Course to include		
Relevant health and safety and hygiene		
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>		
Minimum CPD value	30	*21
Minimum total hours	30	*21

Course title		Pre-requisites
Invisible		Level 2 Hairdressing
Course to include		
Relevant health and safety and hygiene		
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>		
Minimum CPD value	30	*21
Minimum total hours	30	*21

Course title		Pre-requisites
Tape		Level 2 Hairdressing
Course to include		
Relevant health and safety and hygiene		
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>		
Minimum CPD value	30	*21
Minimum total hours	30	*21

Course title		Pre-requisites
Sewn-in weaves		Level 2 Hairdressing
Course to include		
Relevant health and safety and hygiene		
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>		
Minimum CPD value	30	*28
Minimum total hours	30	*28

Course title		Pre-requisites
Hair extensions for colour design and to include any new systems that are introduced		Level 2 Hairdressing
Course to include		
Relevant health and safety and hygiene		
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>		
Minimum CPD value	30	*21
Minimum total hours	30	*21

Course title		Pre-requisites
Weft making - design for added hair		Level 2 Hairdressing
Course to include		
Relevant health and safety and hygiene		
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>		
Minimum CPD value	16	
Minimum total hours	16	

Barbering

Course title		Pre-requisites
Introduction to Barbering - Basic cutting, clipper and blending techniques		Level 2 Hairdressing
Course to include		
Relevant health and safety and hygiene		
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>		
Minimum CPD value	30	
Minimum total hours	30	

Course title	Pre-requisites
Barbering - Fading, Shading	Level 2 Hairdressing
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	21
Minimum total hours	21

Course title	Pre-requisites
Barbering - Creating Patterns	Level 2 Hairdressing
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum length of course	3 days
Minimum CPD value	21
Minimum total hours	21

Course title	Pre-requisites
Barbering - Wet shave	Level 2 Hairdressing
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	30
Minimum total hours	30

Course title	Pre-requisites
Barbering - Beard shaping	Level 2 Hairdressing
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	21
Minimum total hours	21

Course title	Pre-requisites
Barbering - Gents coloring techniques	Level 2 Hairdressing
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	30
Minimum total hours	30

Technical services

Course title	Pre-requisites
Introduction to Perming (ladies or gents)	Level 2 Hairdressing
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	30
Minimum total hours	30

Course title	Pre-requisites
Keratin smoothing (Brazilian blow-dry)	Level 2 Hairdressing
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	16
Minimum total hours	16

Course title	Pre-requisites
Creative colour techniques	Level 2 Hairdressing
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	16
Minimum total hours	16

Course title	Pre-requisites
Refresher course in creative colour techniques	Level 2 Hairdressing
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	16
Minimum total hours	16

Course title	Pre-requisites
Hair colour correction	Level 2 Hairdressing
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	28
Minimum total hours	28

Course title	Pre-requisites
Refresher course in hair colour correction	Level 2 Hairdressing
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	16
Minimum total hours	16

Course title	Pre-requisites
Refresher course in foundation/essential colouring skills	Level 2 Hairdressing
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	21
Minimum total hours	21

Styling services

Course title	Pre-requisites
Long hair up do's	None
Course to include	
Relevant health and safety and hygiene	
Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare	
Minimum CPD value	16
Minimum total hours	16

Course title	Pre-requisites
Bridal hairstyling	None
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	16
Minimum total hours	16

Course title	Pre-requisites
Asian bridal hairstyling	None
Course to include	
Relevant health and safety and hygiene	
<i>Basic consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum length of course	2 days
Minimum CPD value	16
Minimum total hours	16

Course title	Pre-requisites
Retro/vintage styling	None
Course to include	
Relevant health and safety and hygiene	
Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare	
Minimum CPD value	16
Minimum total hours	16

Course title	Pre-requisites
Plaiting and braiding	None
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	8
Minimum total hours	8

Course title	Pre-requisites
Session styling for fashion, catwalk and photo-shoot	None
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	16
Minimum total hours	16

Course title	Pre-requisites
Avant-garde styling	None
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	21
Minimum total hours	21

Cutting services

Course title	Pre-requisites
Creative cutting techniques	Level 2 Hairdressing
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	8
Minimum total hours	8

Course title	Pre-requisites
Advanced cutting	Level 2 Hairdressing
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	16
Minimum total hours	16

Course title	Pre-requisites
Refresher course in foundation/essential cutting skills	Level 2 Hairdressing
Course to include	
Relevant health and safety and hygiene	
<i>Consultation, contra-indications, contra-actions, equipment list, preparation of work station, product knowledge, treatment procedure, aftercare</i>	
Minimum CPD value	16
Minimum total hours	16